

# The Modern Witchcraft Of Natural Magick

The Modern Witchcraft of Natural Magick: Embracing Earth's Ancient Wisdom **the modern witchcraft of natural magick** is a fascinating blend of ancient traditions and contemporary spirituality that reconnects us with the natural world. Rooted deeply in the energies of plants, stones, celestial cycles, and elemental forces, this practice channels the wisdom of the earth to bring about healing, transformation, and empowerment. Unlike the stereotypical image of witchcraft conjured by pop culture, the modern witchcraft of natural magick centers on harmony with nature, mindfulness, and personal growth, making it both accessible and deeply meaningful in today's fast-paced world.

## Understanding the Essence of Natural Magick

At its core, natural magick is the art of working with the innate energies present in nature to influence the physical and spiritual realms. It draws from the cycles of the moon, the shifting seasons, the properties of herbs and crystals, and the elemental forces—earth, air, fire, and water. This approach to witchcraft emphasizes balance and respect, encouraging practitioners to listen carefully to the rhythms of the environment and align their intentions accordingly. The modern witchcraft of natural magick is often described as an earth-based spirituality. It invites practitioners to cultivate a deep awareness of their surroundings and to use natural tools as conduits for energy. This respect for the earth echoes ancient pagan traditions but is adapted to contemporary lifestyles and values, making it relevant and practical for modern seekers.

## Key Elements in the Practice of Natural Magick

### Working With Herbs and Plants

Herbs have been a cornerstone of natural magick for centuries. Each plant carries unique vibrations and correspondences, from protection and love to purification and prosperity. In modern witchcraft, herbs are used in a variety of ways—burned as incense, brewed into teas, added to baths, or fashioned into charms. For example, lavender is beloved for its calming and protective qualities, while rosemary is often used for cleansing and enhancing memory. Understanding herbal lore allows practitioners to craft personalized rituals that resonate deeply with their intentions. Growing your own magical herb garden can also be a powerful way to connect with the earth's cycles and develop a tactile relationship with nature's gifts.

### The Power of Crystals and Stones

Crystals serve as natural amplifiers of energy in the practice of natural magick. Each stone is believed to have specific metaphysical properties; amethyst, for instance, promotes spiritual growth and intuition, while black tourmaline is prized for grounding and protection. Incorporating crystals into daily rituals—whether through meditation, carrying them as talismans, or placing them in sacred spaces—helps to harness their energies. The modern witchcraft of natural magick encourages intuitive selection of stones, trusting personal resonance over rigid guidelines.

### Aligning With Lunar and Seasonal Cycles

The moon phases have a profound impact on magickal workings. New moons are ideal for setting intentions and beginnings, while full moons amplify energy and are perfect for manifestation and releasing negativity. Similarly,

the turning of the seasons marks important festivals in nature-based spirituality, such as Sabbats, which celebrate the earth's continual transformation. By syncing rituals and spells with these natural rhythms, practitioners tap into a cosmic flow that enhances their magickal effectiveness. This practice fosters patience and attentiveness, inviting a slower, more mindful engagement with life's ebb and flow.

## Modern Applications of Natural Magick

### Incorporating Magick Into Daily Life

One of the most appealing aspects of the modern witchcraft of natural magick is how easily it can be woven into everyday routines. Simple acts like lighting a candle infused with essential oils for focus, carrying a charm for confidence, or meditating with a crystal to reduce stress transform ordinary moments into opportunities for spiritual connection. Journaling is another valuable tool, allowing practitioners to track their intentions, dreams, and the outcomes of their rituals. This reflective process deepens self-awareness and highlights the subtle ways natural magick influences daily life.

### Healing and Wellness Through Natural Magick

Natural magick aligns closely with holistic wellness practices. Many modern witches use herbal remedies, crystal healing, and energy work to support physical, emotional, and spiritual health. For example, a ritual bath with chamomile and rose petals can promote relaxation and emotional balance, while grounding exercises in nature help to alleviate anxiety. This gentle, respectful approach to healing honors the body's innate wisdom and encourages coexistence with the natural world rather than domination over it.

### Community and Ethical Considerations

The resurgence of natural magick has also sparked a growing sense of community among practitioners. Online groups, local covens, and workshops provide spaces for sharing knowledge, experiences, and support. Modern witchcraft often emphasizes ethical practices such as sustainability, consent, and cultural respect. For instance, practitioners are encouraged to source herbs and crystals responsibly and to honor the origins of spiritual traditions without appropriation. This ethical mindfulness strengthens the integrity and longevity of natural magick as a living, evolving practice.

## Getting Started With the Modern Witchcraft of Natural Magick

If you're drawn to exploring natural magick, starting small and with intention is key. Here are some practical tips to begin your journey:

1. **Observe nature closely:** Spend time outdoors noticing plants, animals, weather patterns, and lunar phases.
2. **Create a simple altar:** Gather natural objects like stones, feathers, or flowers that resonate with you.
3. **Learn about herbs and crystals:** Research their properties and try incorporating one or two into your daily routine.
4. **Practice mindfulness and meditation:** Connect with the earth's energy and your own intuition.
5. **Record your experiences:** Keep a journal of your observations, rituals, and insights to track your progress.

Remember, natural magick is a personal and evolving practice. Trust your instincts, remain curious, and allow your connection with the earth to guide you. The modern witchcraft of natural magick invites us to slow down, listen deeply, and participate actively in the cycles of life. In a world that often feels disconnected, this path offers a heartfelt way to rediscover wonder, empower oneself, and live in harmony with the natural world. Whether you're

seeking spiritual growth, healing, or simply a richer relationship with the earth, natural magick holds timeless wisdom that continues to inspire and transform.

## The Foundations of Modern Witchcraft in

Natural magick, as practiced in contemporary witchcraft, is a refined synthesis of ancient spiritual principles and ecological awareness. Rooted in the recognition that the natural world is imbued with intrinsic magic, practitioners engage with elemental forces—earth, air, fire, and water—not as abstract symbols but as living, responsive energies. This modern approach diverges from mystical abstraction by emphasizing direct, embodied experience: the act of casting a spell becomes co-creation with nature's rhythms, not domination over them. Central to this philosophy is the belief that every natural phenomenon—from the pulse of a tree's sap to the flow of a river—carries intention, vibration, and potential for transformation. Modern natural magick thus reclaims ritual as a dialogue between human will and elemental intelligence, guided by respect, reciprocity, and reciprocal learning.

## Key Principles Guiding Natural Magick Practices

At the heart of natural magick lies a set of principles that distinguish it from ceremonial or theatrical magic. First, the principle of *\*attunement\** demands that practitioners synchronize their inner state—intention, emotion, breath—with external natural cycles such as lunar phases, solstices, and seasonal shifts. This alignment ensures that magical work resonates with the universe's inherent flow rather than resisting it. Second, *\*reciprocity\** functions as a moral and energetic cornerstone: every gift received from nature—stories from stones, wisdom from plants, inspiration from storms—must be honored through offering, care, or return. Third, *\*non-interference\** guides the process: instead of overriding natural outcomes, practitioners act as facilitators, shaping conditions to amplify desired results without coercion. Finally, *\*ecological mindfulness\** requires conscious awareness of the environmental impact of magical practice, urging sustainable harvesting of herbs, mindful energy use, and reverence for all life forms. These principles form the ethical and operational framework through which modern witches engage magick authentically.

## Diverse Use Cases in Daily and

Natural magick manifests across a vast spectrum of practical and spiritual applications, seamlessly integrating into both mundane routines and ceremonial cycles. Daily practices include placing sacred herbs—such as sage for cleansing, lavender for peace, or rosemary for clarity—near windows to harness ambient energy and align the household with desired intentions. Many witches cultivate small, intentional gardens, tending soil as a meditative act while cultivating medicinal plants like chamomile or echinacea, which bridge physical healing and spiritual nurturing. During lunar cycles, rituals vary: full moons inspire amplification rituals, drawing on heightened energy for manifestation, while new moons support release and intention-setting through mindful letting go. Seasonal sabbats—such as Imbolc, Beltane, and Samhain—anchor magick in the calendar's rhythm, turning solstices and equinoxes into sacred moments of reflection, renewal, and communion. These use cases demonstrate how natural magick transcends esoteric symbolism, embedding transformation into the fabric of everyday life.

## Benefits: Psychological, Spiritual, and Relational

Engaging in natural magick offers profound benefits that extend beyond the mystical into psychological well-being, spiritual depth, and relational harmony. Psychologically, the practice cultivates mindfulness and presence; preparing rituals demands focused attention, reducing mental clutter and inducing meditative states. Spiritually, it deepens connection to the unseen world, fostering a sense of belonging and continuity with ancestral and natural

lineages. The act of honoring nature's intelligence nurtures humility, gratitude, and interdependence, countering modern alienation. Relationally, natural magick strengthens bonds—between self and environment, between people, and within communities—through shared rituals, collective intention, and reciprocal exchange. This integrative impact transforms personal growth into communal resonance, where healing and empowerment ripple outward, reinforcing the interconnectedness that underpins all magical traditions.

## Challenges and Ethical Considerations

Despite its transformative potential, natural magick presents nuanced challenges that demand thoughtful navigation. One primary concern is the risk of cultural appropriation: misappropriating sacred practices from Indigenous or ancestral traditions without proper understanding or permission undermines authenticity and disrespects living lineages. Practitioners must approach these traditions with humility, research, and acknowledgment of historical context. Another challenge lies in ecological responsibility: overharvesting herbs, disturbing wildlife, or neglecting sustainability can harm ecosystems, contradicting the very ethos of harmony. Additionally, modern practitioners may grapple with skepticism from rationalist circles or guilt from those unaccustomed to spiritual frameworks, requiring internal resilience and clear personal boundaries. Ethical magick thus demands vigilance—ensuring that intention, action, and outcome remain grounded in respect, reciprocity, and ecological stewardship, preserving the integrity of both practice and purpose.

## Comparative Insights: Natural Magick vs. Traditional

Natural magick distinguishes itself from both traditional folk magic and modern ceremonial magick through its ecological orientation and relational framework. Traditional folk practices often center on localized, generational knowledge tied to specific geographies and cultures—such as Slavic hexes or Celtic tree magic—where rituals serve community protection, fertility, or healing within a fixed worldview. In contrast, natural magick embraces a fluid, adaptive approach, drawing inspiration from diverse ecosystems and personal intuition while maintaining core principles of attunement and reciprocity. Contemporary ceremonial magick, often rooted in structured systems like Thelema or Wiccan liturgies, emphasizes symbolic precision, invocation of deities, and formalized spells designed for specific outcomes, sometimes at the expense of ecological sensitivity. Natural magick bridges these paradigms by integrating cultural depth with ecological mindfulness, offering a dynamic, sustainable path that honors both ancient wisdom and modern interdependence.

### Deep Insights: The Future of Natural

As climate instability, digital alienation, and spiritual searching intensify, natural magick emerges as a vital counterforce—reweaving the human relationship with the living world. Its resurgence reflects a collective yearning to reclaim agency not through domination, but through intimate, reciprocal engagement with nature's intelligence. Future practitioners will likely deepen this integration through technology-assisted ecological monitoring, community-based magick circles fostering local resilience, and inter-spiritual collaborations honoring diverse earth-centered traditions. The path forward demands not only skill in ritual but also ethical clarity: recognizing that every spell cast is a vote for the world we wish to co-create. In this light, natural magick transcends personal practice, becoming a living philosophy of care, accountability, and transformation—one rooted in the soil beneath our feet, breathing with the wind, and shining in the quiet, sacred moments between.

The Modern Witchcraft of Natural Magick: An In-Depth Exploration **the modern witchcraft of natural magick** represents a compelling resurgence of ancient spiritual practices reinterpreted through contemporary lenses. As society increasingly seeks holistic and earth-centered approaches to wellness and spirituality, this branch of witchcraft has attracted attention not only from practitioners but also from scholars, cultural critics, and curious observers. Rooted in the belief that natural elements—plants, stones, celestial bodies, and the forces of

nature—hold intrinsic magical properties, natural magick today blends time-honored traditions with modern sensibilities, creating a dynamic field worthy of nuanced examination.

## **Understanding the Foundations of Natural Magick**

Natural magick, historically distinct from ceremonial or ritual magic, emphasizes the harnessing of natural forces and energies. In the context of modern witchcraft, it involves working with herbs, crystals, the cycles of the moon, and other environmental elements to influence outcomes in one's life. Unlike more theatrical or ritual-heavy branches of witchcraft, natural magick often adopts a subtler, more meditative approach, aligning practitioners with the rhythms of the earth. The term "natural magick" itself dates back to Renaissance occultists who categorized it as a form of practical magic derived from the natural world, distinct from demonic or spiritual conjuring. Today, its revival is closely tied to eco-spirituality and the broader neopagan movement, reflecting a desire to reconnect with nature amid modern technological saturation.

### **The Role of Herbs and Plants**

Central to the modern witchcraft of natural magick is phytomancy—the use of plants and herbs for magical and healing purposes. Each plant carries symbolic meanings and energetic signatures, believed to affect emotions, health, and spiritual states. For instance, lavender is widely utilized for its calming properties and protective qualities, while rosemary is associated with memory enhancement and purification. Practitioners often cultivate personal herb gardens or forage wild plants, fostering a tactile, intimate relationship with their environment. This hands-on involvement not only enhances the efficacy of the magickal work but also nurtures ecological awareness and stewardship.

### **Crystals and Stones: Earth's Energy Amplifiers**

Crystals have become indispensable tools within natural magick circles. Their purported vibrational energies are thought to interact with human chakras and aura, facilitating healing, protection, and manifestation. Quartz, amethyst, and citrine are among the most commonly employed stones, each selected for specific energetic properties. The modern witchcraft of natural magick encourages mindful selection and cleansing of crystals, often integrating lunar cycles to recharge their energy. This practice reflects a broader commitment to intentionality and respect for natural processes.

## **Integration of Celestial Influences**

The phases of the moon and planetary alignments play a pivotal role in natural magick practices. Lunar cycles are believed to dictate optimal timing for various spells and rituals, such as initiating new projects during the waxing moon or releasing negativity during the waning phase. Astrological correspondences further enrich this framework. For example, practitioners may invoke the energy of Venus for love spells or harness Mars' assertive qualities for courage. This syncretism of terrestrial and celestial elements underscores the holistic worldview at the heart of natural magick.

### **Seasonal and Elemental Awareness**

Modern practitioners often observe the Wheel of the Year—a calendar marking seasonal festivals like Samhain and Beltane—as a means to attune their magickal work to nature's cycles. This temporal awareness fosters a continuous dialogue with the environment, reinforcing the interconnectedness of life. Additionally, the four classical elements—earth, air, fire, and water—serve as symbolic pillars in ritual work. By invoking these elements,

witches aim to balance energies within themselves and their surroundings, enhancing the efficacy of their intentions.

## Comparisons with Other Forms of Witchcraft

While natural magick shares common ground with broader witchcraft traditions, it distinguishes itself through its exclusive focus on nature-based energies and minimal reliance on elaborate ritual or invocation of external spirits. For instance, ceremonial witchcraft may involve complex rites, the use of grimoires, and invocation of deities or entities beyond the natural realm. In contrast, natural magick maintains a grounded, pragmatic approach, often prioritizing personal experience and ecological harmony. Moreover, its accessibility makes it appealing to newcomers who may find other forms of witchcraft esoteric or intimidating. The emphasis on everyday natural materials and intuitive practice allows for a personalized, evolving spiritual path.

## Pros and Cons of Embracing Natural Magick

### 1. Pros:

1. Fosters a deeper connection with nature and promotes environmental consciousness.
2. Offers accessible entry points for beginners through the use of common natural materials.
3. Encourages mindfulness and intentional living aligned with natural cycles.
4. Integrates healing and spiritual growth without dependence on complex rituals.

### 2. Cons:

1. May lack the structure some practitioners desire, leading to inconsistent results.
2. Interpretations of natural elements' powers are subjective, potentially reducing perceived efficacy.
3. Can be conflated with pseudoscience, inviting skepticism from mainstream audiences.

## The Digital Age and the Evolution of Natural Magick

The internet has played a significant role in disseminating knowledge about the modern witchcraft of natural magick. Online communities, blogs, and social media platforms provide spaces for practitioners to share insights, spell recipes, and ethical considerations. This democratization of information contrasts sharply with historical secrecy surrounding magical knowledge. However, the digital realm also introduces challenges. The commodification of natural magick—through commercialized spell kits, crystals sourced irresponsibly, or superficial engagement with traditions—raises questions about authenticity and cultural respect. Critical discourse within witchcraft circles increasingly addresses these issues, advocating for ethical sourcing, environmental responsibility, and cultural sensitivity.

## Scientific Perspectives and Skepticism

From a scientific standpoint, natural magick is often viewed through the lens of psychology and placebo effects. While empirical evidence supporting the efficacy of magical practices remains limited, some studies underscore the benefits of rituals and symbolism in promoting mental health, stress reduction, and behavioral change. This intersection invites a nuanced understanding: natural magick may not alter external realities through supernatural means, but it can profoundly impact practitioners' internal landscapes, fostering empowerment and well-being.

## Contemporary Cultural Impact and Representation

The modern witchcraft of natural magick has permeated popular culture, influencing literature, film, and fashion. Its imagery—rooted in earthy aesthetics and mystical symbolism—resonates with contemporary movements

emphasizing sustainability, feminism, and alternative spirituality. Moreover, the rise of “witchtok” on platforms like TikTok reflects a generational shift toward reclaiming spiritual agency and exploring identity through natural magick practices. This visibility has facilitated broader conversations about the role of spirituality in modern life, challenging stereotypes and opening avenues for inclusive expression. In sum, the modern witchcraft of natural magick embodies a complex interplay between ancient wisdom and contemporary values. Its focus on nature’s inherent energies offers both a spiritual framework and a cultural phenomenon, reflecting humanity’s enduring quest for meaning in an increasingly fragmented world.

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## **The Modern Witchcraft of Natural Magick**

In an era defined by digital overload, algorithm-driven life, and a growing alienation from tangible experience, a quiet resurgence has taken root: the modern witchcraft of natural magick. This is not the arcane mysticism of dusty tomes and candle-lit rituals alone, but a living, evolving practice that fuses ancient earth-centered wisdom with contemporary consciousness. It is a reclamation—not of superstition, but of meaning—where nature becomes both altar and alchemist, and magic is no longer confined to secret circles but whispered into daily life through gardening, herbalism, and intentional presence. At its core, natural magick is a return to the elemental. It rejects the artificial separation between human and environment, instead reasserting that every leaf, stone, and breath holds latent power. Practitioners speak not in spells cast in archaic tongues, but in attentiveness—listening to the soil, reading the sky, and aligning intention with the rhythms of the seasons. This subtle shift from control to consent marks a radical departure from modern technocratic thinking, offering instead a model of coexistence where influence is earned through respect, not dominance.

## **Origins and Evolution of Contemporary Practice**

The roots of modern natural magick stretch across decades of countercultural ferment, from the 1960s psychedelic experiments to the 1970s earth-activism and pagan revival. Yet today's iteration is shaped by a new generation—digitally native, ecologically urgent, and skeptical of institutional authority. Where past movements often sought transcendence through isolation, contemporary practitioners weave magic into daily routines: composting as offering, composting into compost; planting herbs with the intent to heal, not just harvest; using solar alignment not just for ceremony, but for seasonal planning and emotional recalibration. This evolution reflects a deeper cultural shift: the rejection of mechanistic worldviews in favor of relational ontology. Magick, once seen as a tool for bending external forces, now functions as a language of reciprocity. The spell is not a one-way command but a dialogue—an offering, a prayer, a mindful act of co-creation. The rise of apps for lunar tracking, foraging guides, and community-led workshops underscores how tradition is being digitized not to dilute it, but to democratize access, making nature magic a shared, participatory act rather than an esoteric privilege.

## **Cultural Impact and Societal Resonance**

The cultural impact of natural magick extends beyond individual transformation; it is reshaping collective attitudes toward sustainability, community, and identity. By centering direct experience with the natural world, this movement challenges extractive paradigms—both ecological and psychological—promoting a model of stewardship over exploitation. Urban gardens bloom as sacred spaces, healing circles replace sterile therapy rooms, and seasonal festivals rekindle communal bonds once eroded by hyper-specialization. Psychologically, natural magick offers a counter-narrative to the constant distraction of modern life. Rituals—whether simple acts like lighting a candle at dawn or elaborate seasonal ceremonies—create structured moments of stillness, grounding participants in the present. This intentional slowing-down fosters resilience, cultivating inner stillness amid chaos. Moreover, the emphasis on local knowledge and place-based practice nurtures regional ecological literacy, empowering communities to respond to climate change not with despair, but with grounded, grounded

action rooted in lived understanding.

## Risks and Ethical Dilemmas

Yet this revival is not without peril. The commodification of natural magick—seen in commercialized “witchy” lifestyle brands, oversimplified rituals, and the dilution of sacred practices into trendy aesthetics—threatens to strip it of depth and ethical grounding. When intention is reduced to Instagram aesthetics, magic risks becoming spectacle rather than substance, alienating those it seeks to empower with hollow mimicry. Equally troubling is the risk of cultural appropriation, especially when practices rooted in Indigenous, African diasporic, or other marginalized traditions are extracted, sanitized, and repackaged without context or respect. True natural magick demands humility: recognizing that knowledge is inseparable from land, lineage, and lived experience. Without this awareness, revival becomes exploitation. Additionally, the romanticization of “returning to nature” can inadvertently dismiss systemic barriers—urban poverty, environmental injustice, and institutional neglect—that prevent equitable access to green spaces and traditional knowledge.

## The Future of Magical Consciousness

Looking ahead, the future of natural magick lies in its capacity to evolve with integrity. It must resist co-option, prioritize inclusivity, and remain anchored in ecological literacy and ethical responsibility. As climate instability accelerates, this form of magick may grow from niche trend to vital cultural response—guiding communities toward regenerative practices, emotional healing, and renewed reverence for the living world. Digital platforms will continue to shape access, but authentic practice demands more than virtual tutorials: it requires embodied, place-based engagement. The next generation of natural magicians will likely blend ancient wisdom with cutting-edge science—genomic understanding of soil microbiomes, climate data woven into planting calendars, and AI tools that deepen ecological insight. Yet amid all innovation, the heart remains unchanged: magic is not in the spell, but in the relationship—between human and earth, between past and future, between inner stillness and outer action. In this light, the modern witchcraft of natural magick is not backward, but forward-thinking: a quiet revolution of perception, reminding us that true power lies not in domination, but in listening, learning, and living in sacred reciprocity with the world.

## Questions & Answers About the modern witchcraft of natural magick

| No | Question                                                    | Answer                                                                                                                                                                                                                                                       |
|----|-------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1  | What is modern witchcraft of natural magick?                | Modern witchcraft of natural magick is a contemporary spiritual practice that focuses on harnessing the natural energies and elements found in the environment, such as plants, stones, and the cycles of the moon, to perform rituals, spells, and healing. |
| 2  | How does natural magick differ from traditional witchcraft? | Natural magick emphasizes working directly with nature and its inherent energies without relying heavily on elaborate rituals or tools, whereas traditional witchcraft may incorporate a wider range of ceremonial practices, symbols, and deities.          |
| 3  | What are some common tools used in natural magick?          | Common tools include herbs, crystals, candles, water, earth, air, fire elements, and natural objects like feathers, shells, and stones, which are used to channel and amplify natural energies during spellwork and rituals.                                 |

|   |                                                                  |                                                                                                                                                                                                                                       |
|---|------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 4 | Can anyone practice modern witchcraft of natural magick?         | Yes, modern witchcraft of natural magick is accessible to anyone interested in connecting with nature and spiritual energies. It encourages personal experience, intuition, and respect for the environment rather than strict dogma. |
| 5 | How do lunar phases influence natural magick practices?          | Lunar phases are significant in natural magick; practitioners often perform spells and rituals aligned with the moon's cycles, such as new moon for new beginnings and full moon for manifestation and power amplification.           |
| 6 | What role do herbs and plants play in natural magick?            | Herbs and plants are vital in natural magick as they carry specific energetic properties and correspondences. They are used in teas, incense, potions, and charms to promote healing, protection, love, and other intentions.         |
| 7 | Is modern witchcraft of natural magick environmentally friendly? | Yes, it promotes sustainability and respect for nature by encouraging practitioners to source materials ethically, avoid harm to living beings, and maintain balance with the natural world during their magical practices.           |

herbal magic, elemental magic, spellcraft, paganism, witchcraft rituals, natural remedies, earth magic, occult practices, mystical herbs, energy healing

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